

Tryout Information

Registration Night:

First day of tryouts: Monday, August 14th
Players are expected to be at all tryouts.

Tryouts will be different this upcoming season.

We will begin with all players on **Monday** morning from 10:00-12:00 and 5:00-8:00.

Players will sign up for their Tuesday practice based upon their goals/position for the season.

If you need help with selecting a position, please talk with the coaching staff.

Tuesday, players will have a 2 hour practice.

Defense/Libero 10:00-12:00

Middles 11:30-1:30

Outsides 4:30-6:30

Setters 6:00-8:00

Wednesday: 10:00-12:00 and 5:00-8:00

Thursday:

Varsity Meeting 12:00-1:00

JV Meeting 1:00-2:00

JV2 Meeting 4:00-5:00

All teams practice 5:00-8:00 pm

Friday:

Morning Practice times TBD

Team Bonding Activity - Evening

(Saturday and Sunday - Rest)

Other Volleyball Info:

Moratorium Week July 23rd - 29th
(No Contact Week)

High School Informational Parent Meeting:

Wednesday, August 23rd 7:00pm

Sheldon Cafeteria

Varsity Retreat:

August 18-19th

U of O Concession Fundraiser:

September 2nd

September 9th

September 30th

October 7th

October 28th

November 18th

November 24th

Each team will be responsible for two games.

Games to be determined in August.

Youth Camp Fundraiser

July 10th - 12th

Looking for Parent Volunteers:

Breast Cancer Awareness

UofO Concessions Lead Person to be trained

for upcoming seasons



Irish Volleyball

2017

Summer Opportunities

QUESTIONS

sheldonvolleyball@gmail.com

or call Martine at

541-337-2023

Positional Camps
July 17-21

Positional Camps are for players to focus on their specific position and how to incorporate the skills with another position.

Setters:

Monday through Friday 6:00-8:30 pm

Defensive Specialists:

Monday, Thursday, Friday 6:00-8:30 pm

Middle Hitters:

Wednesday, Thursday, Friday 6:00-8:30 pm

Outside Hitters:

Tuesday, Thursday, Friday 6:00-8:30 pm

Upper Gym will be available during a positions off night for players to work on their skills on their own.

Please RSVP at sheldonvolleyball@gmail.com and your registration form will be emailed to you.

Cost: \$75.00
(Setters \$90.00)

High School Camp
August 6-9

High School Camp is for all players planning on trying out for the Sheldon Volleyball Team. We will focus on team play as well as individual skills to help prepare players for tryouts.

Sunday: 5:30-8:30

Monday: 10:00-12:00 and 5:30-8:00

Tuesday: 10:00-12:00 and 5:30-8:00

Wednesday: 5:30-8:00

Please RSVP at sheldonvolleyball@gmail.com with your name, grade, and position(s) and your registration form will be emailed to you.

Cost: \$150.00

Open Gyms / Rena
Tuesday's and Thursday's
4:30-7:00

Open Gym's will consist of games, skill practice, and conditioning.

Rena - more information at renafitness.com

Tuesday and Thursday's.

June: 6th, 8th, 13th, 15th, 20th, 22nd, 27th, 29th

July: 6th, 11th, 13th, 18th, 20th

August: 1st, 3rd,

Moratorium Week July 23rd - 29th
No Contact Week