



# SHELDON FOOTBALL



Dear Sheldon Football Parents,

Once again, the staff and I want to welcome you into the Sheldon football family. I am writing to inform you of our ambitious 2018 off-season schedule. We are looking forward to having a productive spring/summer program and another exciting football season. Attached to the letter is our spring/summer calendar.

Currently there is a 0 period class offered at Sheldon that begins at 7:00 am. The 0 period class is an opportunity for the boys to lift weights and develop skill on the field. 0 period is open to all Freshmen through Senior in the Fall and open to all incoming freshmen through Juniors in the spring. The football team will begin spring practices **May 29<sup>th</sup>-June 1<sup>st</sup> 3:45-6:00**. Spring practices are for all incoming Freshmen through Juniors. Summer workouts will begin **June 18<sup>th</sup>**. The field and weight room will be open this summer from **6:30-8:30 pm ALMOST every Monday, Wednesday, and Thursday starting June 18<sup>th</sup> through July. (please reference the calendar for the days the weight room will not be open).**

Our goal at Sheldon is to be a championship program. We will reach this goal by focusing on hard work, self-discipline, and unity. The "Sheldon Way", is a testament to the process that has created incredible success in this program and we expect to climb even higher in the coming seasons. The Sheldon Football program will embody these characteristics on the football field and in the classroom. We believe with hard work, dedication, and commitment to team-work your son can help us add to the rich football tradition at Sheldon High School and prepare himself for success in the future.

**Shannon Burgess** is the Sheldon Football Parent Liaison. Shannon will need help from parents with a variety of programs and events that support our football program. Shannon can be contacted by email at [SBurgess@cascadetitle.com](mailto:SBurgess@cascadetitle.com) or cell: **541-228-4179**.

Below are links to look up upcoming Sheldon Football events or to download forms online.

<http://sheldonathletics.com/teams/fall-sports/football/>

[www.sheldonfootball.com](http://www.sheldonfootball.com)

If you have any questions or concerns, please contact me at **541-217-1528**. Have a great summer and **GO IRISH!**

Sincerely,

Josh Line

Head Football Coach

## GO IRISH!